LONG CLAWSON NUTRITIONAL AND CARE INFORMATION



Innkeepers Choice™

Mature Cheddar with Pickled Onions & Freeze Dried Chives

Ingredients: Mature Cheddar Cheese (from Cow's **Milk**), Pickled Onions (12%) [Onions, Water, Acidity Regulator (Acetic Acid), Spirit Vinegar, Salt, Malt Extract (From **Barley**), Preservative (**Sodium Metabisulphite**)], Freeze Dried Chives.

Allergen advice! See ingredients in BOLD

NUTRITIONAL INFORMATION – Average values per 100g			
Energy	1535Kj	370Kcal	
Protein	18	18.5g	
Carbohydrate	3.9g		
of which sugars	0	0.4g	
Fat	31	31.2g	
of which saturated	20	20.1g	
Fibre	1.	1.2g	
Salt	1.4	1.45g	

Keep refrigerated below 5°C

Consume within 3 days and before use by date shown

Made in the UK using milk from the UK

Manufactured by: Long Clawson Dairy Ltd, Long Clawson, Melton Mowbray, Leicestershire, LE14 4PJ